



## **Sailing Club at Jackson Beach Sailor Conduct Agreement**

I agree to:

- NOT attend Sailing Club if I have a communicable disease (e.g., Covid-19, measles, mumps, flu, plague), or recent exposure, so I don't get others sick
- Arrive **on time, ready to sail**, and rig cooperatively with the other sailors
- Bring a large towel and dry clothes for after sailing, and keep them at the net shed
- Not bring weapons, expensive electronics, or similar distractions to the net shed
- Follow **all** instructions of the coaches and instructors, and to ask for clarification if needed
- Be respectful to my teammates and coaches, work as a team, represent my team well in public, and extend that ethic to the entire boating community
- Treat the people we encounter, including team members, competitors, coaches, adult chaperones, and program staff with courtesy, honesty, and respect. We forbid any negative comments directed at individuals or teams.
- Never engage in unsportsmanlike conduct, harassment, bullying, or abusive behavior. This includes inappropriate language and swearing.
- Wear a Coast Guard approved personal flotation device (PFD, or life jacket) whenever on a dock, sailing, or riding in the coach boat
- Wear coach- or instructor-mandated gear, such as a wetsuit or neoprene booties, in order to be safe in the environment in which activities take place
- Alert the organization and any sailor at risk of any emergency condition, whether that's a sailor in trouble, an equipment failure, or an outside factor (large boat approaching, weather change, etc.)
  - I agree to use **any means necessary** to alert the organization, including telling a coach or organizer, telling another responsible adult, telling a fellow sailor who is in a better position to alert the organization, blowing a whistle, pointing, yelling — *whatever it takes* to let someone in charge know
  - I agree to **not** indicate there's an emergency when I believe there isn't one
- Stay within hailing distance of the coach boat, or **regularly** check in visually when out of hailing distance, and not sail beyond where I can get timely help if needed
- Help everyone de-rig, so that **all** boats (not just mine) are de-rigged and put away **before leaving**

- Treat equipment and other sailors with respect; sailors, the equipment and teammates are not only what we sail with but also our safety equipment
- Participate within my limits, and alert the coach or instructor whenever I believe my limits are being pushed or exceeded (but remain willing to stretch my edges!).

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_